

**OVERVIEW – ELCA COACHING MINISTRY**  
**Level 2 Mission Development/Congregational Vitality**  
**Lab Coach Training**

Each session includes a review of mission development/congregational vitality material as well as a time to practice coaching with real-time feedback. The goal is to help coaches understand the ELCA process and components for mission development/congregational vitality as well as continue practicing their coaching skills with a particular emphasis on the 11 core coaching competencies that are the foundation for the skills and coach approach promoted by the International Coach Federation (ICF).

This is an 8-week process; classes typically meet on consecutive weeks for 120 minutes each.

**Session 1 : Roadmaps for Mission Development and Congregational Vitality**

- Overall Expectations for Mission Development
- Expectations for Congregational Vitality
- Congregational Vitality Survey
- 90 Day Micro Strategies
- International Coaching Federation Competencies & Practice coaching with mentoring

**Session 2: Being Disciples**

- Focus on Discipleship
- Baptismal Promises - Five Gifts of Discipleship
- Marks of Discipleship
- International Coaching Federation Competencies & Practice coaching with mentoring

**Session 3: The Three Great Listenings**

- Listening to God
- Listening to Each Other
- Listening to the Community
- International Coaching Federation Competencies & Practice coaching with mentoring

**Session 4: Going Deeper - Listening to the Community**

- Engaging the Neighborhood
- Tools for Reading the Community
- Asset Mapping
- International Coaching Federation Competencies & Practice coaching with mentoring

## **Session 5 : Making Disciples**

- Reproducing Leaders
- Four Aspects of Public Faith
- Unbinding your Heart - one approach to evangelism
- International Coaching Federation Competencies & Practice coaching with mentoring

## **Session 6: Leading Change**

- The Change Process
- Ten Reasons People Resist Change
- Increasing Change Potential
- International Coaching Federation Competencies & Practice coaching with mentoring

## **Session 7: Managing Conflict**

- Change - Its Conflict Potential
- Constructive Practices the Deal with Conflict
- Conflict Management
- Key Indicators of Readiness to Change
- Common Polarities in Congregations
- International Coaching Federation Competencies & Practice coaching with mentoring

## **Session 8: Specialized Coaching**

- Review of Course Materials
- Issues of Specialized Coaching
- International Coaching Federation Competencies & Practice coaching with mentoring

### **Prerequisite:**

- ❖ Successful completion of ELCA Level 1 Coach Launch Training
- ❖ Minimum of 10 hours coaching experience

### **For more information and to sign up to train please contact:**

ELCA Coordinator of Coaching for Mission Development/Congregational Vitality

John Mocko: (336) 596-4517 or [john.w.mocko@gmail.com](mailto:john.w.mocko@gmail.com); OR [www.elcacoaching.org](http://www.elcacoaching.org)